**SOUTHWESTERN ASSEMBLIES OF GOD UNIVERSITY**

**Motivation, Teams, Coaching, & Mentoring**
**LDR 5283-530**

**Instructor: Dr. Rob Blakney**

**Application Project**

**STUDENT DATA:**

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The New (Teenage) Believer:

A 3-Month Mentoring Plan

**3-MONTH GROWTH GOALS**

1. The mentee will know the basics of how to read and interpret scripture.
2. The mentee will be engaging in a relationship with the Lord through praying and hearing the voice of God.
3. The mentee will have memorized a minimum of 6 scriptures.
4. The mentee will be planted in a local community of believers.
5. The mentee will have a greater understanding of their identity in Christ as a new creation.
6. The mentee will have understood and engaged in the two ordinances of Water Baptism and Communion.
7. The mentee will have a basic understanding of the work of the Trinity.

**WEEK 1**

**Discussion Topics**: Week one begins with a discussion on what led to them deciding to follow Jesus. How did they hear about Him? What do they know about Jesus? Next, I will introduce them to the power of water baptism. I will explain to the mentee the importance of water baptism and the momentum that it can create for their new walk with Christ. I will encourage the mentee to get baptized as soon as possible and even help arrange and baptize them if they so choose. We will also establish a schedule of weekly discipleship meetings and a three-month timeline. At this first meeting, we will also discuss the overall growth goals for our time together.

**Assignments:** Read the Introduction of *Now That You Are Born Again* by Peter K Louis. Read the Bible for at least 10 minutes a day beginning in Luke chapters 1-3 then supplementing with Psalms or Proverbs. Pray for 5 minutes a day.

**WEEK 2**

**Discussion Topics:** For our second meeting, we will first discuss the topic from the assigned book reading, the introduction chapter which is titled "God's Design for Your Life". We will discuss what it means to be born again and to grow up into Christ. We will explore what this might look and feel like in the mentee's life. We will also spend some time discussing the Bible reading from the past week and answering these questions: what stood out to them, what did they learn, and what do they have questions about. Finally, we will talk about prayer. I will give them a general outline for prayer to help them get started: beginning with thanksgiving, then identifying and aligning with who God is, and finally making their requests known to God.

**Growth Assessments:** How was their week? Did they notice anything different in their mood, mindset, or external environment? How well did they do with Bible reading? Was it a struggle to pray for 5 minutes each day?

**Assignments:** Read Chapter 1 of *Now That You Are Born Again* titled "You're A Good Seed". Continue Bible reading through Luke chapters 4-6. Pray for at least 5 minutes/day. Begin attending Church weekly. Memorize 2 Corinthians 5:17.

**WEEK 3**

**Discussion Topics:** First, we will discuss the book: what does it mean to have a new nature and what would your life look like if you truly believe you are righteous? Next, we will talk about hearing the voice of God. I will explain different ways that God can speak and how to discern

between God's voice, your voice, and the voice of the enemy. Finally, we will take a look at the Bible reading and discuss any questions that the mentee may have from the chapters in Luke.

**Growth Assessments:** Did you attend church? How accountable were you to your praying & Bible reading? Is praying becoming easier? Did you memorize the scripture?

**Assignments:** Read Chapter 2 of *Now That You Are Born Again* titled "A Healthy Spiritual Environment". Continue Bible reading through Luke chapters 7-9. Pray for at least 5 minutes/day. Attend Church weekly. Begin a "What is God speaking to me?" journal.

**WEEK 4**

**Discussion Topics:** We will begin by discussing the book. We will discuss the four elements of a healthy spiritual environment: the soil of a healthy community, the light of God's love, the living water of the Holy Spirit, and the oxygen of God's boundless grace. Next, I will follow up on hearing the voice of God, checking in to see how the week's journaling went and if any questions arose. Finally, we will discuss the Bible reading: what stood out to them about the life and teachings of Jesus?

**Growth Assessments:** Were you able to confidently identify and hear the voice of God? Are you maintaining the reading and prayer? What changes have you seen in your life since you decided to follow Jesus? Have you been able to find a good church community?

**Assignments:** Read Chapter 3 of *Now That You Are Born Again* titled "Spiritual Nourishment". Continue Bible reading through Luke chapters 10-12. Pray for at least 5 minutes/day. Attend Church weekly. Continue journaling. Memorize John 3:16-17.

**WEEK 5**

**Discussion Topics:** First, I want to do a brief check-in on how the mentee is feeling about the mentorship relationship. I will ask them if they are enjoying meeting together and if they have

seen growth or change in their life. After a brief evaluation, we will dive into discussing the book. We will talk about the difference between striving for God and simply being with Him and what it looks like to let God nourish us. We will identify different needs in the mentee's life and how God can fill those needs. After discussing the book, we will move on to the Bible reading and any questions or comments the mentee may have on the passages.

**Growth Assessments:** Did you memorize John 3:16-17? Do you feel ready to expand your prayer time to 10 minutes each day? If not, why? Have you been able to plant yourself in a church community? How is your journaling going? What is one thing you have heard God say to you?

**Assignments:** Read Chapter 4 of *Now That You Are Born Again* titled "Time: The Growth Process". Continue Bible reading through Luke chapters 13-15. Pray for at least 10 minutes/day. Attend Church weekly. Continue journaling.

**WEEK 6**

**Discussion Topics:** First, we will look at the book reading. We will talk about the growth process, giving ourselves the grace to grow at God's pace, and how to grow through the hard times as a believer. How can we rest in the growing process? What does it mean for time to be on our side as a follower of Jesus? Secondly, we will take another look at the importance of growing in community. What are some different ways to get plugged in to community at a deeper level? Finally, we will dive back into the scriptures looking at the cost of being a disciple and the parables of the lost sheep, lost coin, and the prodigal son. How can we apply these teachings of Jesus to our lives now?

**Growth Assessments:** How has Bible reading been going? What has been challenging about it? Have you been able to add in Psalms or Proverbs each week as you are reading? Do you feel like you are connecting and building relationships with other believers?

**Assignments:** Read Chapter 5 of *Now That You Are Born Again* titled "Your Purpose in Life". Continue Bible reading through Luke chapters 16-18. Pray for at least 10 minutes/day. Attend Church weekly. Continue journaling. Memorize John 15:4-5.

**WEEK 7**

**Discussion Topics:** To start, we will discuss the final chapter of *Now That You Are Born Again* specifically looking at what it means to abide in Christ. What could abiding look like in everyday life? We will also list activities that the mentee can do as acts of abiding in God and how to identify God's love being expressed to us throughout our everyday lives. Next, we will discuss the Bible reading. I will ask for the mentee's thoughts on the actions and teachings of Jesus.

**Growth Assessments:** Did the mentee memorize John 15:4-5? What do you think the scripture means? How is your time of prayer and listening to the Lord? What has He been speaking to you? Have you made any changes in your life based on what we have been learning or what God has been speaking to you?

**Assignments:** Continue Bible reading through Luke chapters 19-21 and read Matthew 6:5-15. Pray for at least 10 minutes/day. Attend Church weekly. Continue journaling.

**WEEK 8**

**Discussion Topics:** This week we will dive deeper into prayer. We will discuss more in-depth what the mentee's experiences have been thus far in prayer each day. Then we will discuss Jesus's teaching on prayer in Matthew 6:5-15, walking step by step through the Lord's Prayer and how it is a model to us on how to pray. I will get feedback from the mentee on how they

think implementing the framework of the Lord's Prayer will affect their prayer life. After completing our discussion on prayer, we will discuss the Bible reading in Luke and any questions that arose for the mentee through their reading.

**Growth Assessments:** How has the mentee's experience been reading the Bible? Are they able to sense and respond to the Word as living and active? Has the mentee been able to keep their daily routines of prayer, reading, and journaling? Where, if anywhere, is the mentee getting stuck or having difficulty?

**Assignments:** Continue Bible reading through Luke chapters 22-24 and read 1 Corinthians 11:23-29. Pray for at least 10 minutes/day. Attend Church weekly. Continue journaling. Memorize Ephesians 2:8-9.

**WEEK 9**

**Discussion Topics:** The focus for discussion this week will be Communion. We will take a deeper dive into the assigned reading specifically Luke 22 and 1 Corinthians 11:23-29. I will teach the mentee about the importance of remembrance and applying the victory of the blood to our lives regularly. I will have the mentee answer the question "what did Jesus accomplish for us through His body and blood on the cross?", and we will discuss it further. We will also talk about what it looks like to examine oneself before partaking in Communion and how to approach the table of the Lord rightly. If they are ready, we will take Communion together.

**Growth Assessments:** How has praying the Lord's Prayer impacted your prayer life? Are you able to increase your reading and prayer times consistently? Did you memorize the scripture? What do you think Ephesians 2:8-9 means?

**Assignments:** Read Acts 1-2, and 1 Corinthians 12-14. Pray for at least 15 minutes/day. Attend Church weekly. Continue journaling.

**WEEK 10**

**Discussion Topics:** Week 10 will be all about the work of the Holy Spirit and the Baptism of the Holy Spirit. I will ask the mentee what he or she thinks about the Holy Spirit after reading the assigned scriptures. We will look at Jesus's promise of the Holy Spirit and the day of Pentecost to learn why we need the Holy Spirit in our lives today and what the Spirit's role is in the Trinity. We will also talk about the gifts of the Spirit and how to walk by the Spirit rightly. If the mentee desires, we will pray for her to receive the Baptism of the Holy Spirit.

Finally, we will briefly discuss beginning reading *Keep the Blood Warm, a* devotional-style book centered around the daily application of the Blood of Jesus to our hearts and lives.

**Growth Assessments:** Have you been connecting with other believers and planting yourself in a local church? What have you heard the Lord speaking to you?

**Assignments:** Begin the *Keep the Blood Warm* daily devotionals by Peter K. Louis. Begin reading John chapters 1-3. Pray for at least 15 minutes/day. Attend Church weekly. Continue journaling. Memorize Galatians 5:22-23.

**WEEK 11**

**Discussion Topics:** This week we will have begun reading *Keep the Blood Warm* which requires reading and reflection on scripture in the morning and evening of each day. I will ask the mentee how they have been getting along with the new devotional and if they have struggled with any of the material thus far. This will be a day largely to focus on the heart of the mentee and how she is doing in this process of discipleship and maturing in Christ. My goal will be to identify any deep questions or areas where the mentee is struggling to have faith to prepare for and address these areas in the remaining two weeks.

**Growth Assessments:** How are you doing overall since giving your life to the Lord? Where are you struggling to have faith or to work out your faith? Have you been able to stay faithful in reading, praying, and journaling? Has striving crept into your heart?

**Assignments:** Continue the *Keep the Blood Warm* daily devotionals. Continue Bible reading in John 4-6. Pray for at least 15 minutes/day. Attend Church weekly. Continue journaling.

**WEEK 12**

**Discussion Topics:** The focus of discussion this week will first be on the daily devotionals. I will ask the mentee "What is one thing you have learned about what the blood of Jesus accomplished for you that you didn't know before?" and follow up with the question "How does this truth change how you think, act, and/or feel?". Second, we will dive into a discussion on any area of struggle that the mentee mentioned in the previous week. By this meeting, I will have identified scripture and any additional resources to help gird up the mentee with truth. Finally, we will discuss how the mentee can apply the truth of the Word to their real-life struggles or questions and come into agreement with it.

**Growth Assessments:** Have you been able to apply what you have been learning to your everyday life? Have you identified the leading of the Holy Spirit in your daily life? What has the Lord been speaking to you lately?

**Assignments:** Continue the *Keep the Blood Warm* daily devotionals. Continue Bible reading in John 7-9. Pray for at least 15 minutes/day. Attend Church weekly. Continue journaling. Memorize Romans 8:1.

**WEEK 13**

**Discussion Topics:** The final week's discussion will center largely around reflection and remembrance. I will remind the mentee of how far she has come in the past three months. We

will give thanks and praise to God for how he has changed the mentee's life and set her on a new path. We will take Communion to remember and celebrate the Lord. We will take a brief look back over all the topics we have discussed, and I will answer any additional questions the mentee may have. From this point, we will also re-evaluate the needs of the mentee and if the mentoring relationship needs to continue. Finally, we will discuss the next steps for the mentee in her walk with the Lord. I will aim to encourage the mentee to stay the course and fight the good fight of faith!

**Growth Assessments:** Did we accomplish our seven growth goals? In what areas is more targeted growth still needed?

**Assignments:** Continue the *Keep the Blood Warm* daily devotionals. Continue Bible reading, praying, and journaling. Memorize Philippians 4:8.

References

*English Standard Version Bible*. (2001). ESV Online. https://esv.literalword.com/

Louis, P. K. (2020). *Keep the Blood Warm: A 30 day guide to a heart on fire*. Braveheart Ministries.

Louis, P. K. (2022). *Now That You Are Born Again: Discover the joy of growing up into salvation*. Self-published.